



St. Peter

Simon Peter, a fisherman from Galilee, was led to Jesus by his brother Andrew. Jesus gave him the Aramaic name *kêpa*, meaning rock, which was later translated from the Greek *Cephas* to Peter (John 1:42). Peter was the leader of the disciples and, with James and John, part of the inner circle around Jesus, despite denying Jesus three times (Matthew 26: 69-75). He spread the Gospel to the Gentiles and is honored as the founder of the See in Rome and first pope. He was crucified upside down in or around the year 64 A.D. during the reign of Emperor Nero.

FEAST DAY: June 29

MATTHEW 16:18-19 "And so I say to you, you are Peter, and upon this rock I will build my church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven."

FEBRUARY 2008

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

GUIDELINES FOR FAST AND ABSTINENCE DURING LENT:

 = ABSTINENCE

is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. Pastors and parents are encouraged to see that those who are not bound by the obligation to abstain are led to appreciate an authentic sense of penance.

 = FAST & ABSTINENCE

In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18-59 years (inclusive). On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition.

JANUARY						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

3

GREEN

4

GREEN

5

RED

6

 *Fast & Abstinence*

VIOLET

7

VIOLET

8

First Friday

 *Abstinence*

VIOLET

9

First Saturday
PRESENTATION OF THE LORD

VIOLET

FOURTH SUNDAY
IN ORDINARY TIME

10

VIOLET

11

ST. AGATHA

VIOLET

12

VIOLET

13

ASH WEDNESDAY

VIOLET

14

VIOLET

15

St. Jerome Emiliani
St. Josephine Bakhita

 *Abstinence*

VIOLET

16

VIOLET

FIRST SUNDAY OF LENT

17

VIOLET

18

Our Lady of Lourdes

VIOLET

19

Abraham Lincoln's Birthday

VIOLET

20

St. Cyril & St. Methodius

VIOLET

21

VIOLET

22

 *Abstinence*

WHITE

23

VIOLET

SECOND SUNDAY OF LENT

24

VIOLET

25

George Washington's
Birthday Observed
(Presidents' Day)

VIOLET

26

VIOLET

27

St. Peter Damian

VIOLET

28

VIOLET

29

THE CHAIR OF
ST. PETER, APOSTLE

 *Abstinence*

VIOLET

St. Polycarp

THIRD SUNDAY OF LENT

MARCH						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					